

## Fundraising event, Sunday May 19<sup>th</sup> 2019, registration from 8.45am, 10am start.

Following the success of last year's event a 5th sponsored Harbour 2 Harbour Walk has been organised. **Starting at the old Marine Biology Lab, Port Erin and finishing in Castletown Market.**

- **Sponsor - Dandara**
- Supported by Green Mann Spring Water (who will supply water stations along the route), and Shoprite
- Raising funds for The Hub, Men in Sheds and SPort Erin, (more information at the bottom of the page)
- South Coast Bar & Kitchen, situated near the start will be opening at 9am so you can fuel up before you leave.
- **ROUTE:** Port Erin Harbour, St Mary' Road, The Howe, Glen Chase, Raad Ny Faillon, Port St Mary Harbour, Gansey, Carrick Bay, Pooil Vaaish, Scarlett, Castletown Market Sq.

At around 9 miles long at a leisurely 3-4 mile an hour pace will get you to the finish in under 3 hours.

**A SECOND START** at Port St Mary Harbour, next to the RNLI office, is available for those that prefer a shorter walk; entry fee is the same.

Marshalls will be well placed along the route ensuring you follow the course. Green Mann Spring Water refreshment tables are well placed so you don't even need to carry your own water.

**Register your dog but please keep them on the lead at all times.**

If you work for a local business or service why not persuade your work mates to form a team and do it together?

Entrant Fee:

- £12.50 for Adults (18+)
- £7.50 for children (under 18 and over 60's)

**Shoprite** will be hosting H2H stands again during April and May so you can pick up a form registration from there too.

The entrant fee also includes a free branded H2H give away, watch the facebook page for update.