

Rk	No	Name	Club	(Rk) Category	Time	Gap
1	201	Gianni Epifani	Manx Harriers	(1) M35	35:16.	
2	204	Ben Scott	Western A.C	(2) M35	35:21.	5.
3	203	Michael Garrett	Manx Harriers	(3) M35	35:30.	14.
4	209	Martin Malone	Manx Tri Club	(1) SM	36:14.	58.
5	206	Russell Collister	Manx Harriers	(1) M40	36:47.	1:31.
6	208	Andy Bell	Manx Tri Club	(2) M40	37:39.	2:23.
7	210	Juan Kinley	Manx Tri Club	(3) M40	38:42.	3:26.
8	214	Gavin Quayle	Manx Tri Club	(4) M40	38:48.	3:32.
9	205	Cain Bradley	Tonbridge A C	(1) M45	38:55.	3:39.
10	221	Kevin Deakes	Northern A.C.	(1) MV45	39:56.	4:40.
11	220	Neil Wilson	IOMVAC	(2) M45	40:18.	5:02.
12	213	Alan Postlethwaite	Northern A.C.	(1) MV60	40:52.	5:36.
13	219	Graham Stigant	IOMVAC	(3) M45	41:09.	5:53.
14	218	Mike Gellion	IOMVAC	(1) M50	41:10.	5:54.
15	223	David Isherwood	Manx Harriers	(5) M40	41:17.	6:01.
16	224	Gail Griffiths	Manx Harriers	(1) W40	41:30.	6:14.
17	225	Sarah Nelson	Manx Harriers	(1) SW	42:06.	6:50.
18	230	Barry Moore	Western A.C	(4) M35	42:07.	6:51.
19	226	Bernie Cannan	Northern A.C.	(5) M35	42:18.	7:02.
20	227	Niall McGarrigle	Manx Fell Runners	(6) M40	43:17.	8:01.
21	216	Aaron Quinn	Unattached	(2) SM	43:18.	8:02.
22	231	David Anderson	Manx Harriers	(7) M40	45:53.	10:37.
23	232	Garry Ross	IOMVAC	(4) M45	45:58.	10:42.
24	228	Wendy Ross	Manx Harriers	(1) W45	46:36.	11:20.
25	233	Victoria Jacobsen	Unattached	(2) SW	47:14.	11:58.
26	235	Alan Pilling	IOMVAC	(1) M55	47:30.	12:14.
27	239	Martin Bell	IOMVAC	(1) M60	48:15.	12:59.
28	236	Marit Zahkna	Manx Harriers	(3) SW	48:19.	13:03.
29	234	Simon Cox	IOMVAC	(2) M55	49:03.	13:47.
30	238	Geoff Hall	Western A.C	(3) M55	49:42.	14:26.
31	241	Bethany Clague	IOMVAC	(1) W35	51:20.	16:04.
32	237	Eric Lee	Western A.C.	(5) M45	51:22.	16:06.
33	240	Tara Slinger	Northern A.C	(4) SW	53:08.	17:52.

Absent at start

202	Andy Fox	Manx Harriers	M45
207	Christian Varley	Unattached	SM
211	Murray Lambden	Manx Harriers	MV50
212	Richard Sille	Manx Fell Runners	SM
215	Cal Partington	Manx Fell Runners	W40
217	David Turner	Yorkshire R.W.C.	M50
222	Gary Ashe	Manx Harriers	M45
229	Thomas Kirkman	Unattached	SM
242	June Melvin	Northern A.C	W45